

Dear participant in SPE2023,

For those attending the workshop day, we are thrilled to have you join us on December 7th at CIBIO's headquarters, in Vairão, just north of Port. Bellow you will find essential information.

Workshops venue (7th December):

CIBIO-InBIO's headquarters,

Address: Campus de Vairão, Rua Padre Armando Quintas, nº 7, Vairão, 4485-661 Portugal

GPS: N 41°20'48" N 41°19'39" / W 8°40'23"

Map: https://cibio.up.pt/fotos/editor2/Imagens/mapa_vairao.jpg

How to get to CIBIO:

- For general information and directions visit this link <https://cibio.up.pt/en/about/how-to-get-here/>

- If you're using public transport, a convenient shuttle service operates between Mindelo Metro Station and Vairão Campus. Check the schedule [here](#).

Registration desk:

The registration desk will be located at the entrance of CIBIO and will be operational in the morning and after lunch, catering to all workshop attendees.

Workshops:

Specific details about the workshop(s) you are attending will be sent to you before the event. Stay tuned for updates.

IMPORTANT - Lunch and coffee:

Please note that your conference registration does not cover lunch and coffee on the workshop day (7th December). Considering there is no canteen at CIBIO and limited nearby options, we recommend planning ahead:

At CIBIO headquarters:

- **Teresa's bar:** Offers coffee, juice, and snacks. Pre-order sandwiches before 9h30 am. Note that service may be limited by the number of orders.

- **Lounge room:** Equipped with a microwave; feel free to bring your home-cooked meal. Vending machines are available for snacks and drinks.

Nearby Options (Walking Distance):

- Cafetaria Jardim: R. do Crasto 860, 4485-684 Vairão

- Snack Bar D. Miguel: R. Central 820, 4485-645 Vairão

By Car (5-10 minutes away):

- Restaurante Castelo -Largo de Vilarinho 160, 4485-373 Macieira da Maia

- Café snack-bar O Tronco -EM534 30, Fornelo

- Tasquinha De S.Brás - Maria Amelia De Sa Vinhas Ferreira- Rua São Brás, 146, Vilarinho, Porto

- Adega Regional Faria- R. da Ponte de Ave 830, 4485-389 Macieira da Maia

- Vila do Conde Porto Fashion Outlet, Av. Fonte Cova 400, 4485-592 Vila Do Conde

Lunch Order Option:

If none of the options suit your preference, you can pre-order a vegan lunch box for 6 euros. Please [fill out this form](#) before November 22th and payment will be done on the day (cash please).

If you have any questions or need further assistance, feel free to reach out. We look forward to welcoming you!

Best wishes,

The organising committee